

Table 1: Social Security Benefit Tests and Limits

	2024	2025
Cost-of-living-adjustment increase	3.2%	2.5%
Maximum amount of earnings subject to the Social Security tax	\$168,600	\$176,100
Quarter of coverage	\$1,730	\$1,810
Social Security National Average Wage Index	\$63,795.13 (for workers turning 60 in 2022)	\$66,621.80 (for workers turning 60 in 2023)
Primary Insurance Amount (PIA) formula:		
a) First bend point	\$1,074	\$1,226
b) Second bend point	\$7,078	\$7,391
Maximum monthly Social Security benefit	\$3,822	\$4,018
Maximum annual Social Security benefit	\$45,864	\$48,216
Estimated average monthly benefit	\$1,927	\$1,976
Estimated average annual benefit	\$23,124	\$23,712

Source: <https://www.ssa.gov/news/press/factsheets/colafacts2025.pdf>